

Proclamation

MENTAL HEALTH AWARENESS MONTH May 2025

- WHEREAS,** mental health is essential to the overall health, safety, and well-being of individuals, families, and communities; and
- WHEREAS,** one in five adults in the United States experiences a mental health condition each year, and many go without needed care due to stigma, barriers to access, or lack of awareness; and
- WHEREAS,** the City of Colorado Springs recognizes that mental health is all of us and mental health challenges can affect people of every age, race, gender, and socioeconomic status, and that no one should face these challenges alone; and
- WHEREAS,** by fostering awareness, increasing understanding, and encouraging open conversations, we can break down the stigma surrounding mental illness and create a culture of compassion, connection, and support; and
- WHEREAS,** the City continues to take proactive steps to improve the mental wellbeing of our residents by fostering a culture of connection, resilience, and hope that inspires community activation; and supporting several mental health initiatives including neighborhood gatherings to encourage social connection; participating in the HOPE Certification; increasing education and awareness, collaborative partnerships, and social support systems through Pikes Peak Rising; and strengthening partnerships with mental health professionals and community organizations; and
- WHEREAS,** during Mental Health Awareness Month, we affirm our commitment to promoting mental wellness, advocating for those in need, and building a stronger, healthier, and more supportive Colorado Springs for all.

NOW, THEREFORE, I, Lynette Crow-Iverson, President of the Colorado Springs City Council, and I, Blessing “Yemi” Mobolade, Mayor of Colorado Springs, do hereby proclaim the month of May 2025 as

MENTAL HEALTH AWARENESS MONTH

in Colorado Springs and encourage all residents, organizations, and businesses to join in raising awareness, supporting one another, and advancing a future where mental health is prioritized and stigma is replaced with understanding.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the City of Colorado Springs to be affixed this 1st day of May 2025.

Lynette Crow-Iverson, President
Colorado Springs City Council

Blessing “Yemi” Mobolade, Mayor
City of Colorado Springs