

A RESOLUTION DESIGNATING JULY AS
NATIONAL PARK AND RECREATION MONTH

WHEREAS, parks and recreation are vitally important to establishing and maintaining a high quality of life in Colorado Springs, and promoting the health and wellness of all citizens; and

WHEREAS, parks and recreation encourage physical activities by providing space for popular sports, hiking and bike trails, spray grounds and many other activities designed to promote active lifestyles, demonstrating the power of play; and

WHEREAS, parks and recreation programming and education activities, such as youth sports, senior fitness, and environmental education, are critical to all our citizenry's well-being; and

WHEREAS, our parks and natural recreation areas preserve the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors, demonstrating the power of nature to inspire, restore, and enrich lives; and

WHEREAS, parks and recreation provide a connection to nature, which studies have shown result in stress relief, strengthened interpersonal relationships and improved mental health. In the United States, 92 percent of adults say they experience a positive mental health boost after spending time in their local parks; and

WHEREAS, parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation professionals provide essential services to support thriving communities by building and maintaining accessible, inclusive and sustainable park infrastructure and recreational programs that foster belonging and deliver powerful benefits to the community.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF COLORADO SPRINGS:

That City Council recognizes the immense value of the community's entire park system as well as the vital contributions of the Parks, Recreation and Cultural Services' employees and volunteers as July is designated Park and Recreation Month in the City of Colorado Springs.

Dated at Colorado Springs, Colorado, this 14th day of July 2026.

Lynette Crow-Iverson,
Council President

ATTEST:

City Clerk