

A RESOLUTION RECOGNIZING JUNE 24, 2026 AS BIKE TO WORK DAY

WHEREAS, The City of Colorado Springs has long been a city that values active, healthy living, opportunity, and accessibility for all its citizens; and

WHEREAS, Colorado Springs holds national and international recognition as Olympic City USA, home to world-class outdoor recreational amenities, great natural beauty, and an innovative and entrepreneurial spirit; and

WHEREAS, Research consistently demonstrates that regular physical activity, including cycling and time spent outdoors, significantly improves mental health outcomes, reducing symptoms of anxiety, depression, and stress while strengthening community connection and overall quality of life; and

WHEREAS, Active transportation such as cycling provides measurable public health benefits, including reduced risk of cardiovascular disease, improved cognitive function, better sleep, and enhanced emotional well-being, contributing to a healthier and more productive community; and

WHEREAS, Colorado Springs is committed to collaborative transportation solutions involving multiple partners to ensure transportation access and equity through trails, bike routes, safe crossings, signals, and cycling partnerships that support economic opportunity for all citizens; and

WHEREAS, expanding cycling participation supports community well-being by easing traffic congestion, reducing strain on local infrastructure, and promoting a cleaner, more enjoyable environment that helps make Colorado Springs an attractive place to live and work; and

WHEREAS, Bike to Work Day brings together businesses, nonprofits, community organizations, and City partners to celebrate cycling through advance cycling clinics, free breakfast stations, and media engagement campaigns that lower barriers for new riders and build lasting habits of active transportation;

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF COLORADO SPRINGS:

Section 1. City Council recognizes June 24, 2026, as **Bike to Work Day** and encourages members of our community to participate by engaging in the clinics, events, and activities offered throughout Colorado Springs. Council further encourages residents to celebrate the day by experiencing cycling as everyday transportation and by supporting the local businesses and nonprofits that help make this annual event possible.

Dated at Colorado Springs, Colorado this 9th day of June, 2026.

Council President

ATTEST:

Sarah B. Johnson, City Clerk