



## Legislation Text

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**File #:** 20-626, **Version:** 1

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University of Colorado - Colorado Springs GRIT (Greater Resilience Information Toolkit)

**Presenter:**

Dr. Charles Benight, Professor Psychology, University of Colorado - Colorado Springs

**Summary:**

The primary mission is to help create a stronger and more cohesive community through the important information on this website and through the GRIT Resilience Support Coach Trainings.

UCCS has put together this toolkit, as well as GRIT training, to vastly expand the capacity of our community to respond to the COVID-19 pandemic as well as future disasters.

The GRIT Resilience Support Coach Training is offered to any community member who wants to learn supportive skills to be a positive influence and promote resilience in our community.

**Background:**

N/A

**Previous Council Action:**

N/A

**Financial Implications:**

N/A

**City Council Appointed Board/Commission/Committee Recommendation:**

N/A

**Stakeholder Process:**

N/A

**Alternatives:**

N/A

**Proposed Motion:**

N/A

N/A