## City of Colorado Springs



City Hall 107 N. Nevada Avenue Colorado Springs, CO 80903

## **Legislation Text**

File #: 23-566, Version: 1 Greater Resilience Information Toolkit (GRIT) Program Update Presenter: Dr. Charles Benight, Executive Director, Lyda Hill Institute for Human Resilience **Summary:** The Greater Resilience Information Toolkit (GRIT) is a free online self-guided resilience training that can be utilized within your own social networks after your community has experienced a trauma. **Background:** N/A **Previous Council Action: Financial Implications:** City Council Appointed Board/Commission/Committee Recommendation: N/A Stakeholder Process: N/A **Alternatives:** N/A **Proposed Motion:** N/A N/A