

UCCS Sport Medicine and Performance Center



Activity to Date

Letter of Intent executed between UCCS and Penrose-St. Francis/Centura Health

Core and Extended Program Planning Teams are in place

Currently exploring potential models & programs for the Center

Planning and conducting site visits to other facilities

Facilities visited to date:

- The Orthopedic Specialty Hospital
- The University of Utah PEAK Academy
- US Ski and Snowboard Center of Excellence high-performance training center
- The University of Colorado Sports Medicine and Performance Center
- The Ohio State University Sports Medicine and Performance Center

Evaluating potential performance training partners

Penrose-St. Francis of Centura Health Core Team Members

Orthopedic surgeon and sports injury specialist **Dr. John Pak**

- Fellowship trained Sports Medicine. Team Physician for head physician for the US Free-Style Ski Team, Colorado College Athletics, and the Colorado Springs Switchbacks FC.

Orthopedic surgeon and sports injury specialist **Dr. Ron Royce**

- Fellowship in Biological Joint Replacement. Team physician for US Team at Paralympic Games in London 2012; Team physician for USA Hockey.

Orthopedic surgeon and sports injury specialist **Dr. Geoffrey Donor**

- Fellowship trained in sports medicine with additional training in hip athroscopy. Former assistant Team Physician for Cincinnati Bengals, current Team physician for USA Basketball and the Colorado Springs Switchbacks FC.

Orthopedic surgeon and sports injury specialist **Dr. Steven Myers**

- Allgower Fellowship in Hip and Pelvic Reconstructive Surgery. Team physician for US Ski Team.

Primary care and sports medicine specialist **Dr. Nick Piantanida**

- Fellowship in family medicine with CAQ in sports medicine. Team physician for Colorado Springs Switchbacks FC.

UCCS Core Team Members

Sports nutritionist **Dr. Jackie Berning**

- Chair of Health Sciences Department; 25+ years experience working with professional, national & collegiate teams including the Denver Broncos, Colorado Rockies, Cleveland Indians, USA Swimming and US Lacrosse

High-altitude training specialist **Dr. Andy Subudhi**

- Chair of Biology Department; nationally recognized expert on altitude performance, works with UC Altitude Research Center and numerous National Governing Bodies

Sports nutritionist **Dr. Nanna Meyer**

- Associate Professor of Health Sciences; served as Chief Dietitian for USOC & sport dietitian for US Ski and Snowboard, US Speed Skating and USA Cycling

Sports biomechanist **Dr. Jeff Broker**

- Associate Professor of Biology; served as Senior Biomechanist for USOC, works with numerous NGBs

Tactical performance specialist **Dr. Jay Dawes**

- Assistant professor of Health Sciences; nationally recognized expert in strength and conditioning for tactical performance; consultant to Colorado State Patrol

High-performance athletic trainer **Margie Hunt**

- Instructor in Health Sciences; past Medical Services Manager and Head Athletic Trainer for USOC

Primary care nurse practitioner **Dr. Jeff Spicher**

- Associate Dean, Helen and Arthur E. Johnson Beth El College of Nursing and Health Sciences; nationally recognized expert on outcomes-based healthcare delivery models

Programs

Anchor Programs	Potential Programs including potential Centers of Distinction
Primary Care Sports Medicine (non-surgical injury management)	Tactical Performance
Orthopedic Surgery Clinic	Concussion Management & Trauma Care
Physical Therapy and Rehabilitation	Cardiac Prevention and Rehabilitation
Performance Assessment and Training (sport-specific and general)	Back wellness, Osteoarthritis, Pain Management and Rehabilitation
Related Research and Instruction	Nutrition Counseling and Lifestyle coaching

Target Populations (In and Out-of-State)

Elite and professional athletes

Tactical professionals (military, police, fire & rescue)

Veterans & others w/ traumatic brain injury

Interscholastic athletes

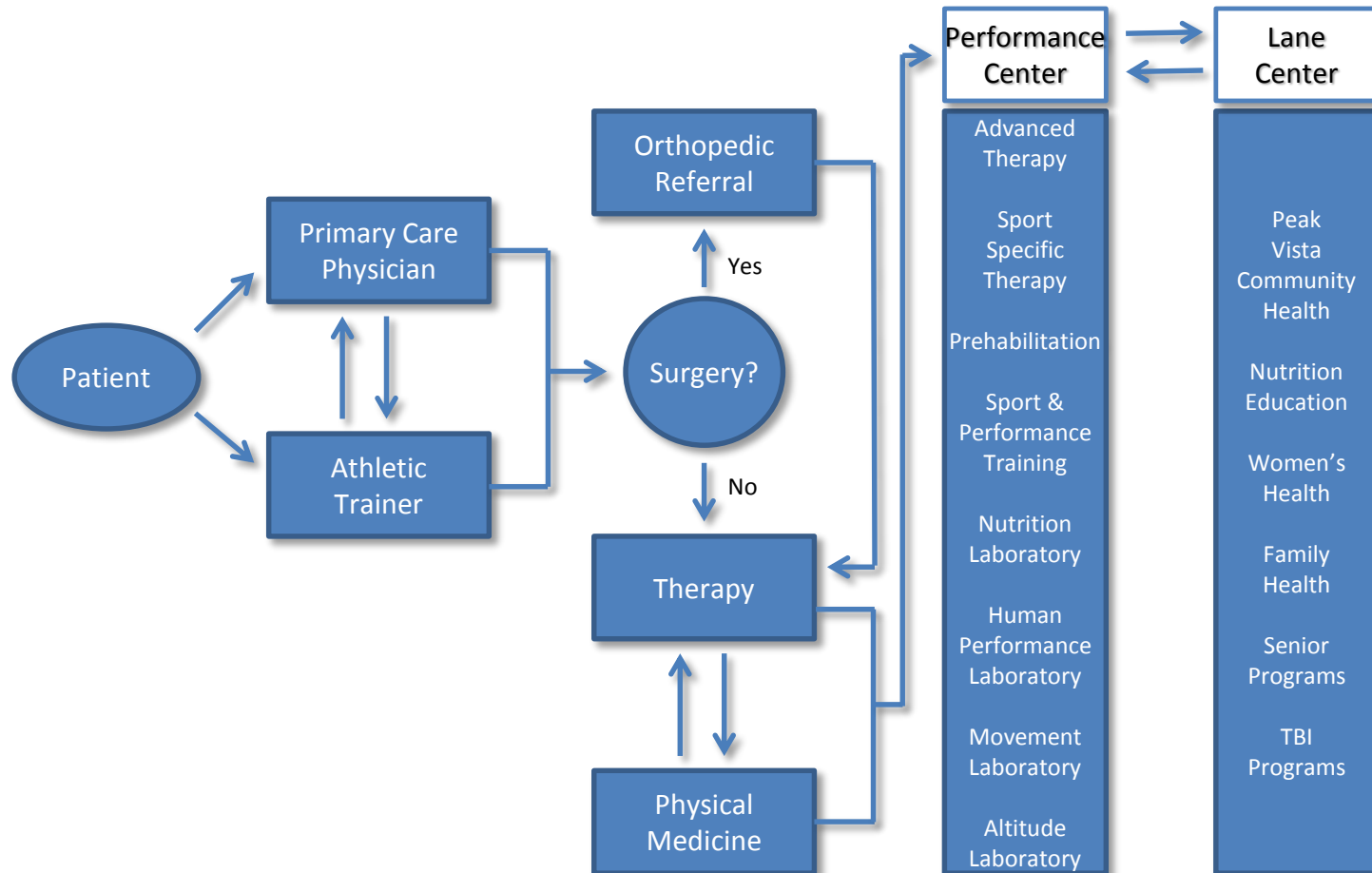
Youth/club sport athletes

Recreational athletes

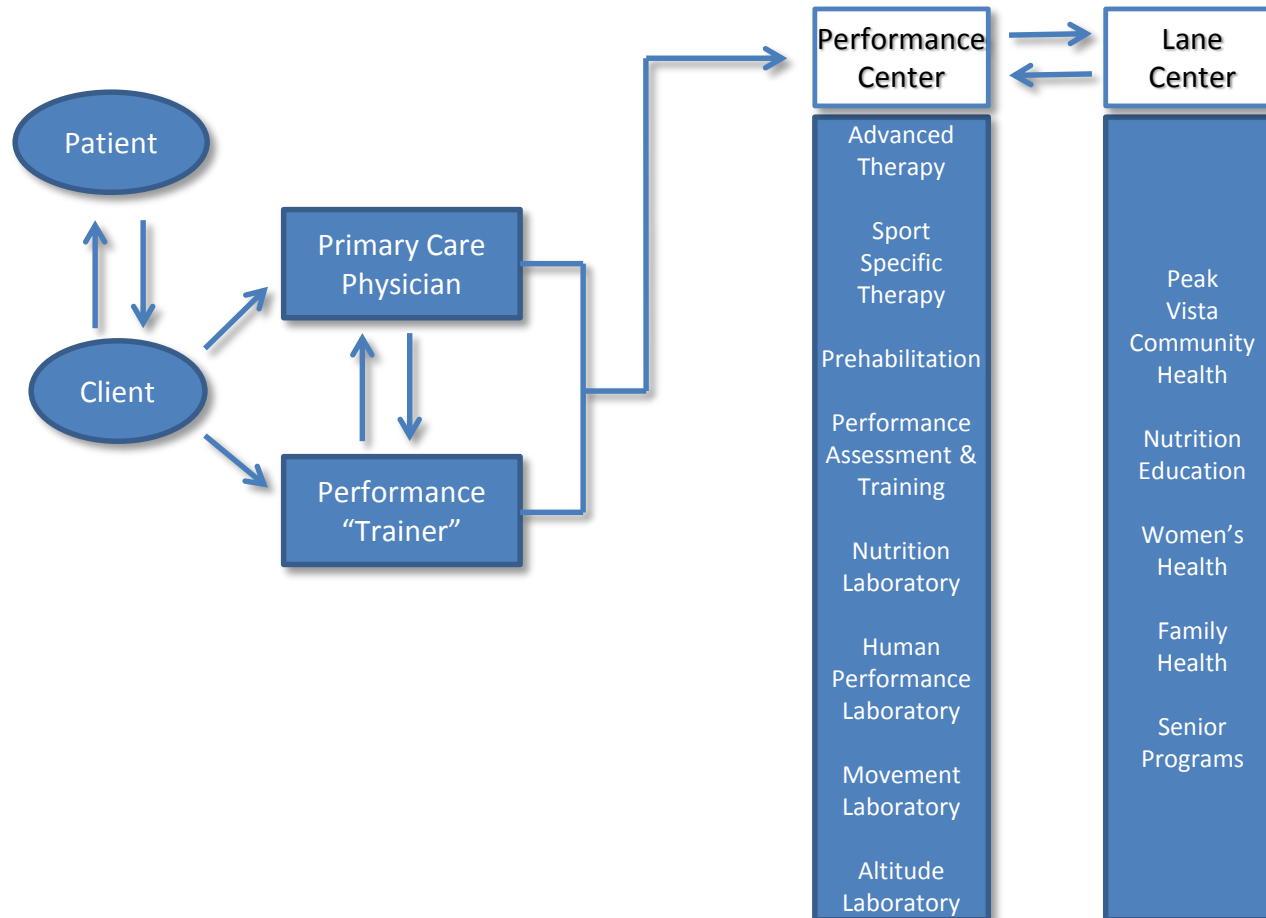
Recreational sport populations

Active lifestyle participants

Potential Medical/Clinical Services Model



Potential Performance Services Model



Project Schedule

Date	Milestone
March, 2017	Establish partnership structure and develop program plan
June, 2018	Select design team and complete facility design
July, 2018	Commence substantial work
December, 2019	Project completed and placed into service

An Important Resource for an Active Community!

