

RESOLUTION NO. 107 - 25

A RESOLUTION RECOGNIZING SEPTEMBER 8-13, 2025 AS
SOBER WEEK IN COLORADO SPRINGS

WHEREAS, Colorado Springs Sober Week is a week-long collaborative initiative hosted by local nonprofits, businesses, and community leaders to promote healthy, alcohol-free activities, resources, and connection; and

WHEREAS, 17% of food services workers have been diagnosed with a substance abuse disorder; and

WHEREAS, Sober Week promotes wellness, recovery, and strong community connections; and

WHEREAS, Sober Week is focused on helping restaurant and hospitality workers, a group at high risk for stress-related health challenges, substance misuse, and limited access to resources; and

WHEREAS, Events during Sober Week include yoga at Weidner Field, coffee, connection, and doughnuts at Acacia Park, and the Sober Soiree Dance Party. Events are open to the public to encourage widespread community participation; and

**NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF
COLORADO SPRINGS:**

Section 1. City Council recognizes September 8-13, 2025, as Sober Week in Colorado Springs and urges members of the community to take part in these special events.

Dated at Colorado Springs, Colorado this 26th day of August, 2025.



Lynette Crow-Iverson, Council President

ATTEST:



Sarah B. Johnson, City Clerk

