

Please contact Michael Montgomery at (719) 385-5540 or michael.montgomery@coloradosprings.gov Submit Date: Jul 26, 2021 with questions.

## Application for City of Colorado Springs Boards & Commissions

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### Profile

Annette

First Name

Fryman

Last Name

[REDACTED]  
Email Address

[REDACTED]  
Street Address

[REDACTED]  
City

[REDACTED]  
Primary Phone

[REDACTED]  
Suite or Apt

[REDACTED]  
State

[REDACTED]  
Postal Code

Retired

Employer

None

Job Title

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Use the following link to determine if you live inside City limits and to find your City Council District:

<https://coloradosprings.gov/city-clerk/page/city-council-districts>

### Are you a resident of the City of Colorado Springs?

Yes  No

### In what City Council District do you reside? \*

District 1

### Which Boards would you like to apply for?

Colorado Springs Health Foundation : Submitted

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### Interests & Experiences

#### Why are you interested in serving on a board or commission?

As a retired person, I volunteer with organizations and for activities that reflect my interests and passions. Community health, that takes into consideration the determinants of health (economic stability, housing and transportation, education, food, social supports and healthcare) is a cause that is both crucial and personal for me. My oldest daughter had a long-term psychiatric disability and experienced challenges with all the determinants of health. After leaving Colorado, she lost her battle for wellness and died at age 44. Her two young adult sons, who now live here, also struggle in many of the same ways and I have navigated with them, the various system and programs designed to help. I am interested in contributing to the Colorado Springs Health Foundation as a board member, because its mission and vision align with what is most important to me as a community member, former healthcare professional, and grandmother.

Annette Fryman

[Resume\\_AF\\_2021.doc](#)

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