



The Healthy Kids Colorado Survey is the state's only comprehensive survey on the health and well-being of young people. In 2017, the survey sampled approximately 56,000 youth from 190 randomly selected middle and high schools statewide. The voluntary, biennial survey collects a wide range of health and behavioral information that

helps public, private and community organizations better understand the youth they serve and support them in making healthy choices. The data below represents high school youth.

CURRENT USE

Colorado compared to the national average

National Average

Colorado Average

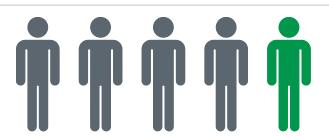
20%

19%

MARIJUANA USE

4 out of 5

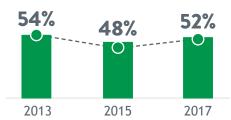
81% of Colorado youth **DO NOT** use marijuana.



Youth need to know that MOST of their peers are NOT using marijuana, despite what they may think. Percent of youth who use marijuana 19% Percent who THINK their peers use marijuana 79%

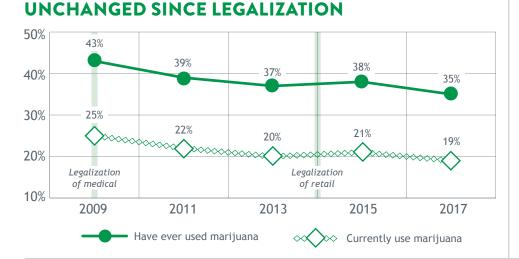
PERCEPTION OF RISK REMAINS THE SAME

IS MARIJUANA USE RISKY?



Youth who thought regular marijuana use was risky were **76**% LESS likely to use marijuana than those who did not.

YOUTH MARIJUANA USE REMAINS RELATIVELY



HOW YOUTH GET MARIJUANA

39%

Bought it from someone else

35%

Someone under 21 gave it to me

12%

Friend older than 21 gave it to me

8%

Parent or adult family member gave it to me

3%

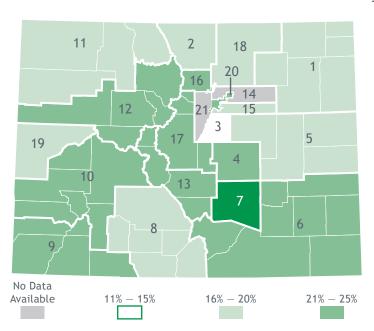
Bought it in a store

3%

Took it without permission



REGIONAL BREAKDOWN Youth who use marijuana

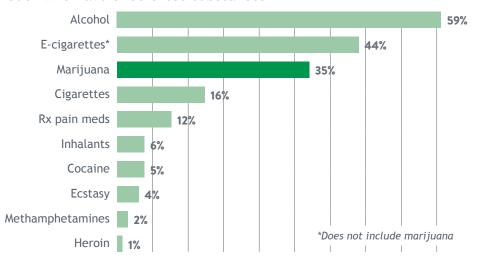


Region	76
1	16%
3	20%
3	14%
4	22%
5	16%
6	21%
7	27%
8	20%
9	25%
10	25%
11	20%
12	21%
13	22%
14	ND
15	18%
16	22%
17	21%
18	18%
19	20%
20	21%
21	ND

26% — 30%

YOUTH ARE TRYING ALCOHOL AND E-CIGARETTES MORE OFTEN THAN MARIJUANA

Youth who have tried these substances



ADULTS CAN HELP PREVENT YOUTH MARIJUANA USE



PARENTS' OPINION

Youth who know their parents think underage use is wrong are 72% LESS likely to use.



TRUSTED ADULTS

Youth who have an adult to go to for help with a problem are 30% LESS likely to use.



SUPPORTIVE TEACHERS

Youth who think their teachers notice they are doing a good job are 28% LESS likely to use.

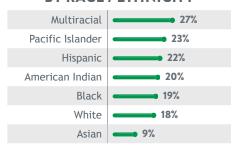


GO TO <u>responsibilitygrows</u> <u>here.com/talking-with-youth</u> to learn more about how to talk with youth.

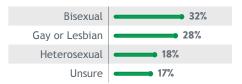
HEALTH DISPARITIES

Demographic breakdown of youth who use marijuana

BY RACE / ETHNICITY



BY SEXUAL ORIENTATION



BY GENDER IDENTITY



CDPHE acknowledges that social, economic, and environmental inequities result in adverse health outcomes and have a greater impact than individual choices. Reducing health disparities through systems change can help improve opportunities for all Coloradans.

HOW YOUTH USUALLY USE MARIJUANA

Among youth who currently use, usual method of use



*Statistically significant Increase since 2015.

