

RESOLUTION NO. 26 - 25

A RESOLUTION DESIGNATING FEBRUARY AS
INTERNATIONAL THERAPEUTIC RECREATION
MONTH

WHEREAS, the month of February serves as International Therapeutic Recreation Month, a time to spotlight the essential role that Recreational Therapy plays in enhancing wellness, promoting healing, and fostering inclusion in healthcare settings and communities; and

WHEREAS, the Therapeutic Recreation Program (TRP) provides opportunities for youth and adults with disabilities to acquire skills that enable them to participate in leisure experiences of their choice, fostering personal growth, independence, and community inclusion; and

WHEREAS, TRP staff and volunteers dedicate themselves to ensuring access to inclusive recreation activities and specialized therapeutic programs, tailored to meet diverse needs and empower participants to function within a community setting; and

WHEREAS, the TRP delivers transformative programs across core areas, including:

- **Arts and Culture**, fostering creative expression and cultural engagement;
- **Sports, Fitness, and Aquatics**, promoting physical health and well-being;
- **Social Enrichment**, building meaningful connections and relationships;
- **Community Integration/Leisure Education**, providing skills for lifelong recreation and participation; and
- **Outdoor Adventures**, connecting individuals to nature and outdoor activities; and

WHEREAS, the success of the TRP is made possible by the expertise, compassion, and commitment of Recreational Therapists, staff, and volunteers, whose tireless efforts positively impact the lives of participants and their families; and

WHEREAS, the City of Colorado Springs shares a vision of a world where every person has access to recreation, ensuring that individuals of all abilities have the opportunity to thrive through inclusive and therapeutic recreation opportunities.


NOW, THEREFORE BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF COLORADO SPRINGS:

The City Council recognizes the invaluable contributions of the Therapeutic Recreation Program to our community as well as the vital importance of equitable access to recreation programs for all members of our community, regardless of ability as February is designated as International Therapeutic Recreation month in the City of Colorado Springs.

DATED at Colorado Springs, Colorado, this 11th day of February 2025.


Randy Helms, Council President

ATTEST:


Sarah B. Johnson, City Clerk

