

Suicide Prevention Collaborative of El Paso County



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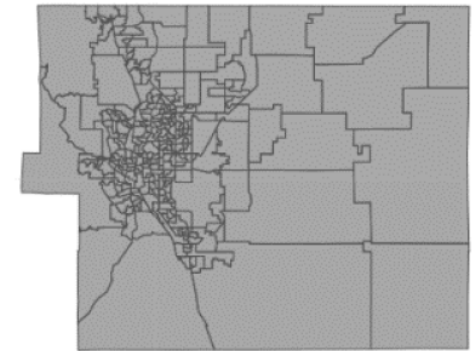
The Facts about Suicide in El Paso County 2022



United States in 2021
14.5 suicides per 100,000 people
11th leading cause of death

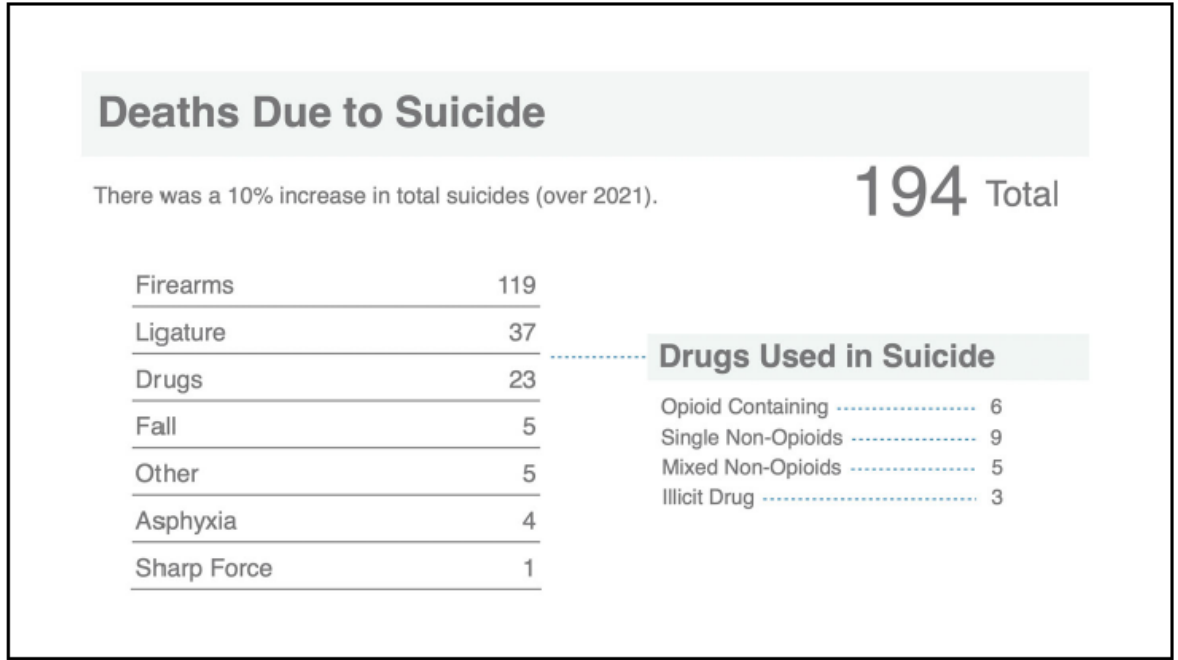
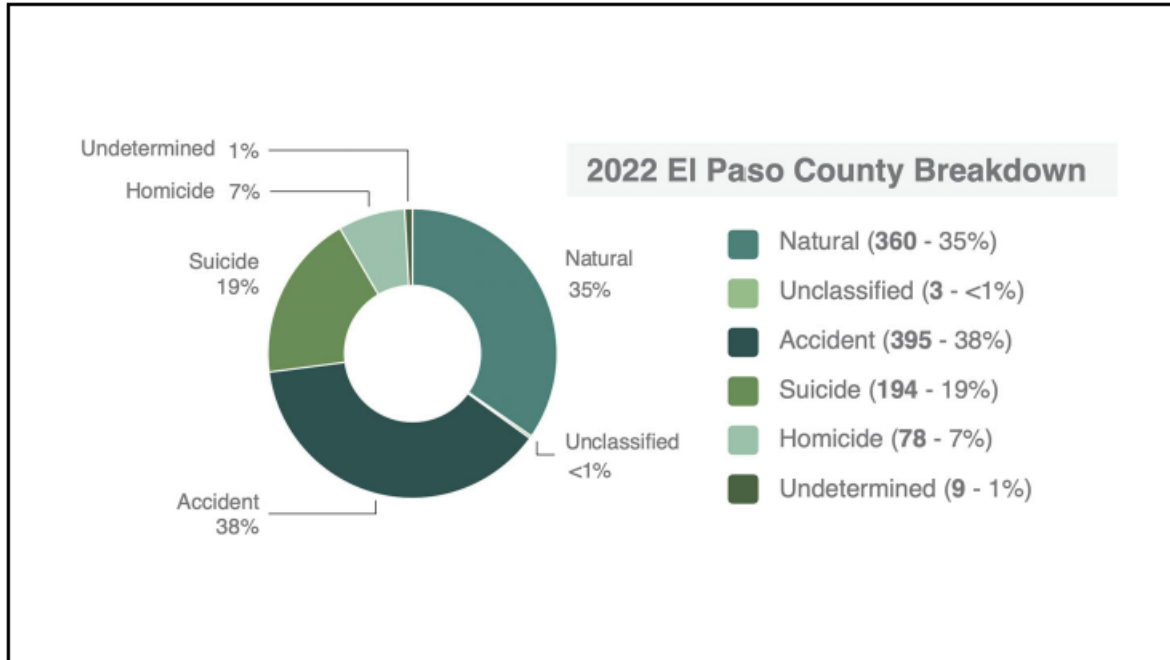


Colorado in 2022
22.0 suicides per 100,000 people
8th leading cause of death



EL Paso County in 2022
25.5 suicides per 100,000 people
8th leading cause of death

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Numbers to Note:

- 2021 & 2022 Youth Suicide Deaths: 4
- 2022 slight reduction in suicide deaths with known military history

74% of completed suicides were male (7% decrease from 2021)

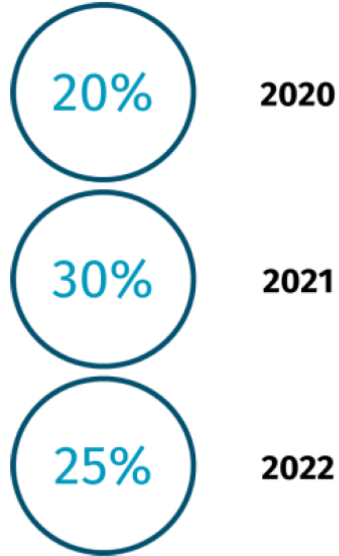


The most common risk factors present are relationship issues, financial struggles, substance abuse, chronic health problems, grief and legal issues.

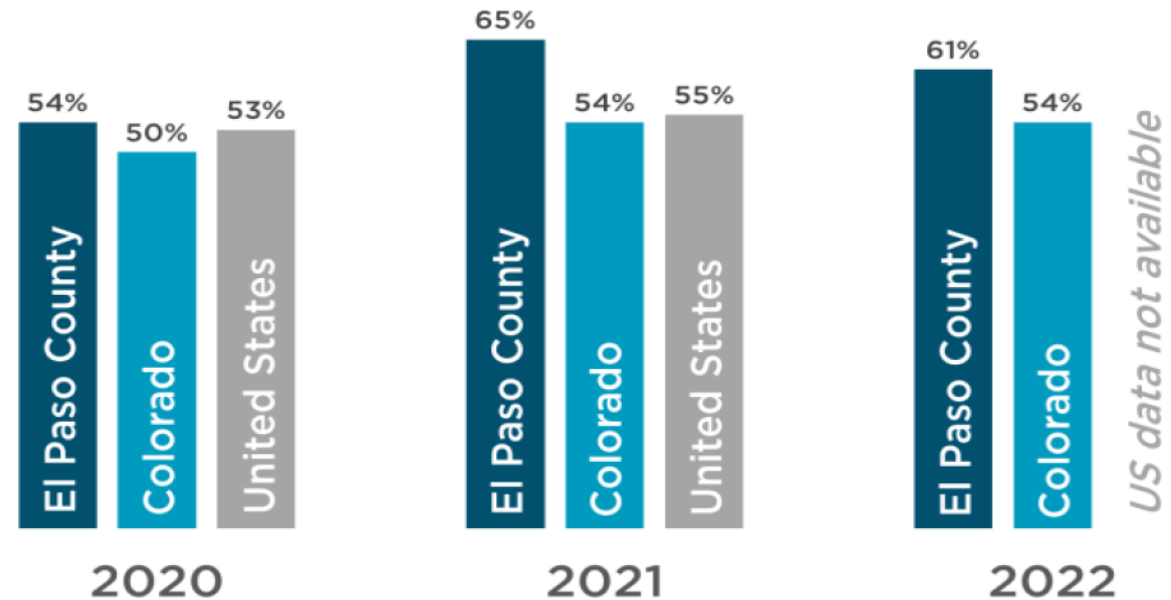
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Known Active Prior Military Duty

El Paso County 2020-2022



Over half of all suicide deaths in El Paso County were by firearm. There was an 11% increase between 2020 and 2021, but a 4% decrease in 2022.



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The mission of Pikes Peak Suicide Prevention Partnership is to unite the community in addressing suicide in the Pikes Peak Region through education, intervention, and postvention.



Education

- Awareness Events
- Community Presentations
- Outreach Programs
- Suicide Prevention Trainings
- Consultation



Intervention

- Resource Navigation
- Peer Support
- Therapy Services
- Family Preservation Meetings
- Safety Planning Support



Postvention

- LOSS Team
- Resource Navigation
- Suicide Grief Therapy
- Suicide Grief Groups
- Re-Entry Planning

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Safe Storage
Presentations

Medication Safety

Teen Think Tank
Research Project

Teen Night

LOSS Team & Funeral
Home Outreach

Youth Suicide
Prevention Work
Group & PPSPP Teen
Advocacy Board

Faith Community
Outreach

Partner
Presentations

Suicide Prevention
Referral Program

PPSPP Collaborative
Projects



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Greater Collective Impact when we Collaborate:

- PPSPP
- City of Colorado Springs
- Status Code 4, Inc.
- Inside Out Youth Services
- El Paso County Health Department
- Voices of Grief
- Mt. Carmel Veteran Services
- Silver Key Senior Services
- Colorado Springs Health Foundation
- Faith Community
- Better Business Bureau of Southern Colorado
- El Paso County Sheriff's Office
- Fountain Police Department
- Healthy Community Collaborative
- Local School Districts
- Local Media Partners
- Diversus Health
- UC Health
- Peak View Behavioral Health
- Centura Health
- Another Life Foundation
- Youth Suicide Prevention Workgroup
- Suicide Loss Survivors
- Community Members
- Space Command
- Fort Carson
- Veteran Administration
- UCCS
- Colorado College
- NAMI Colorado Springs
- Local and state elected officials
- El Paso County Coroner
- Private practice mental health professionals
- Pikes Peak Library District

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COLORADO-NATIONAL COLLABORATIVE



CONNECTEDNESS



ECONOMIC
STABILITY AND
SUPPORTS



EDUCATION
AND
AWARENESS



ACCESS
TO SAFER
SUICIDE CARE



LETHAL
MEANS
SAFETY



POSTVENTION

1

2

3

4

5

6

Suicide Prevention Collaborative of El Paso County

Vision

Reduce isolation, suicide attempts, and deaths by creating caring communities that are resilient, connected, and capable of supporting every person, regardless of the struggles they face.

Suicide Prevention Collaborative of El Paso County

How do we help accomplish our vision?

Partner with the City of Colorado Springs to make a greater impact.

Working with Councilmember Leinweber to support mental health and wellness in the City of Colorado Springs.

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How can the City of Colorado Springs Partner?

Support Workplace Wellness and Mental Health

Prioritize mental health for employees, the mayor and city council through a robust Employee Assistance Plan, suicide prevention trainings, Mental Health First Aid trainings, establishing a supportive mental health culture.

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How can the City of Colorado Springs Partner?

Support mental health initiatives throughout the community

Be a strong partner advocating for services and funding partnering with school boards, county commissioners, state and federal delegation to support prevention, intervention and crisis response.

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How can the City of Colorado Springs Partner?

Integrate Mental Health and Wellness into City Services

The city can incorporate mental health and wellness into all its services, ranging from Communications to constituents, to Park and Recreation opportunities, supporting an upstream perspective.

Suicide Prevention Is Everyone's Business

What can I do as a City Councilmember?

Support citywide mental health and wellness initiatives

Participate in Gatekeeper Suicide Prevention Trainings

Host a Suicide Prevention Training in your district

Share an experience where you or someone you know struggled or needed help

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**For more details on how you can support these asks
please contact:**

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